Clinical Pathologic Conference

Oct. 2, 2015

Patient profile: Presented by:

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Moderator:

病理科 孫建峰醫師

Chief complaint:

Intermittent backache for four weeks

Present illness:

This patient is a 55 year-old lady with history of hyperparathyroidism s/p parathyroidectomy twice, diabetes, hypertension, and bilateral kidney urolithiasis who presented with intermittent backache for four weeks. The pain was located at her upper back, which was sharp and tingling; and there was radiated pain to her right lateral chest wall as well. Mild dizziness and nausea was also mentioned.

At first, the patient visited Po-Ai hospital, where CXR showed a widening mediastinum and further CT scan reported anterior mediastinal tumor with lung metastases as well as bilateral adrenal gland tumors and a pancreatic nodule. Subsequent CT-guide biopsy was obtained and confirmed atypical carcinoid tumor, for which she was referred to our hospital. Among her laboratory tests, elevated serum CgA level (1951.9 ng/mL, ref <94) and gastrin level (1034 pg/mL, ref 28-185) were detected; and esophagogastroduodendoscopy disclosed a gastric ulcerative tumor, whose biopsy showed grade 1 neuroendocrine tumor. In addition, thyroid sonography with FNA cytology was done and showed follicular neoplasm.

Summing all the clinical findings, multiple endocrine neoplasm type 1 (MEN 1) was highly suspected and this case was discussed in our GI/GS joint conference. Subsequently, this patient had received surgical resection of adrenal, pancreatic and stomach tumors.

Past history

- 1. Parathyroid hyperplasia post subtotal parathyroidectomy at age of 44 and 54.
- 2. Bilateral renal/ureter stones post repeated ESWL and DBJ insertion
- 3. Type 2 diabetes mellitus, hypertension

Personal history: No foods or drugs allergy history, smoking (-), alcohol (-), betel nuts (-)

Family History (Detailed pedigree to be presented)

Father: T2DM, died of thymic cancer

Mother: died of cervical cancer

3rd younger brother: history of renal stones

Physical examination findings

Vital sign (at day of admission): BT:36.3/°C, P:114/min, R:15/min, BP:171/103/mmHg

BW: 61.8 kg, BMI: 27.2

General appearance: alert and well oriented Neck: lower anterior neck surgical scar

Cardiopulmonary/abdomen/extremities: unremarkable

Lab data

檢驗項目	單位	檢驗值
WBC	1000/uL	5.7
Hemoglobin	g/dL	11.1
Platelets	1000/uL	249
Creatinine	mg/dL	1.3
T-bilirubin	mg/dL	0.6
ALT/GPT	U/L	57
Na	mEq/L	141
K	mEq/L	3.8
Ca	mg/dL	9.8
Albumin	mg/dL	3.8

檢驗項目	單位	檢驗值	正常值
TSH	uIU/mL	0.205	0.35~5.50
Calcitonin	pg/mL	<2	<20~100
Intact-PTH	pg/mL	46.3	14~72
Cortisol	ug/dL	27.11	
HbA1c	%	9.5	4.6~5.6
Gastrin	pg/mL	1034	28~185
Insulin	uU/mL	23.6	1.5~17
CgA	ng/mL	1951.9	<94
24H urine VMA	mg/day	5.5	1.9~9.8
24H urine 5-HIAA	mg/day	2.2	2~10

Image and pathologic study: To be presented

Clinical course:

Her serum gastrin level returned to normal range after the surgery. Her serum CgA level also decreased to 154.8 ng/mL. Final surgical pathology showed G1 non-functioning primary gastric and pancreatic neuroendocrine tumor; and adrenal glands were confirmed of metastases from lung/thymus. The patient went well after the surgery and she is currently receiving monthly injection of somatostatin analogue (Lanreotide 120mg). Disease surveillance will be done every 4-6 month.

> Issues to be discussed:

- 1. Clinical spectrum of multiple endocrine neoplasm (MEN-I) and its diagnosis.
- 2. Management of multiple endocrine neoplasm (MEN-I)